

Warmer Weather Brings More Misadventures for Kids



FOR IMMEDIATE RELEASE:

Garland, TX – March 24, 2009 -- Some kids can get into trouble any time of year, but it's more apt to happen during spring and summer," says author and counselor Leslie B. Kuerbitz. Her just released children's book details a true story about her daughter, *The Misadventures of Jennifer Pennifer*™. The book teaches families how to handle life's misadventures with love, patience and humor.

"With warmer weather and kids getting out of school, there are huge changes in family schedules and dynamics. Both kids and parents can get frustrated," explains Kuerbitz.

So what exactly is a misadventure?

A misadventure is a mishap, or mistake, that lands your kids in a sticky situation. Usually, it's non-hazardous, but nonetheless a tight spot that might require help from mom or dad.

Here are 5 Summertime tips for family and kids:

1. Map out a schedule to give your kids things to look forward to.
2. Take time for family fun
3. Make a list of 20 great things to do during the summer, that don't have to be costly.
4. Set firm guidelines but let your kids make their own choices within those guidelines.
5. Make sure your kids know you are there for them – you will be encouraging and supportive.

In the first book of a new series about Jennifer Pennifer, Kuerbitz illustrates the importance of good communication, especially when children explore the world with curiosity and imagination.

To learn ways to appropriately handle inevitable misadventures, join adorable Jennifer on an eventful Saturday. After her creativity gets Jennifer into a sticky situation, she and her mom teach readers (young and old alike) how to handle life's little misadventures with understanding, patience and love.

Teachers, counselors, parents, grandparents and kids can all benefit by reading and sharing this book. Additionally, Kuerbitz has launched a blog where kids can share their misadventures. To get your kids blogging go to www.jenniferpennifer.com/blog.

About The Author

Leslie B. Kuerbitz, MA, LPC, is a Licensed Professional Counselor with over 25 years experience working with young people and their families as a counselor, teacher and volunteer. She is passionate about helping families learn how to communicate effectively and constructively. Her daughter, the real Jennifer Pennifer, has grown up to use these skills as a medical doctor.

Find out more about Jennifer's misadventure at www.jenniferpennifer.com.

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